

Body | Mind | Spirit

AAHUNG ANNUAL REPORT 2025



Impact Statistics

Year at a glance

27,683

young people educated on family planning and preventing early marriages through community-based interventions

5942

young girls sensitized on puberty and menstrual health in schools in Sindh

440

school teachers trained on play-based life skills education

1,300

students reached through innovative play-based learning to help prevent violence

17,716

students grew more confident, informed, and safe through life skills education in schools.

A Year of Empowerment



Executive Director's Note

The 30th year for Aahung has been one filled with much to celebrate. Over the past twelve months, we strengthened youth leadership and began new community engagement opportunities for our youth advocates, expanded Life Skills-Based Education (LSBE) into 2 new provinces with pilot programs partnering with the public sector, and completed key pieces of research which further shed light on the complex areas of work Aahung engages in within Sexual and Reproductive Health and Rights (SRHR). Aahung also continued to lend its voice to international spaces by participating in regional and global forums, presenting innovative program design and approaches as well as continuing to showcase which strategies have worked for overcoming resistance to core SRHR programs.

However, it would be inaccurate to say that the past year has not been fraught with constant reminders that there are grave challenges to human and sexual rights that are growing energy globally and locally. War and climate disasters have been live streamed, while threats to free speech and choice, particularly a woman's right to choose, have been repeatedly attacked. These poly crises not only highlight the continued need to focus on human rights and invest in core pillars of development and agency, such education, but also continue to make apparent the deep intersections between gender justice and

A portrait of Sheena Hadi, a woman with long dark hair, smiling, wearing a black patterned top. The portrait is set against a dark blue background with an orange curved shape on the right.

**Sheena
Hadi**

these crises. Yet, in the face of these clear needs, the push back on gender programming has only become more pronounced and organized.

So while we must take moments to celebrate incredible gains, we must also acknowledge that we do not yet live in a world in which individuals', particularly girls', sexual rights are protected and fulfilled. However, the path to success is clearer than ever, but will involve greater organization, strategy and movement building across different streams of work. It will also involve continuing to strengthen local communities and Civil Society Organizations (CSOs) who can work sustainably in their contexts to build lasting programs for greater impact.

I extend my gratitude to our team, partners, stakeholders and donors for their commitment and collaboration, and I look forward to the next phase of Aahung's work: scaling impact, deepening sustainability, and advancing a future where choice, voice, and gender justice are realities for all.

Thirty Years of Choice Voice and Well-being



Initial days of Aahung - the core team

For three decades, Aahung has worked to ensure that every individual in Pakistan can learn, speak, and live with dignity. From a small Karachi-based initiative to a national leader in SRHR, Aahung's journey has been one of courage, persistence, and partnership.

In 2025, the organization deepened its reach across provinces, strengthening LSBE, expanding youth leadership, and forging new collaborations in education and policy. It was a year that blended reflection with action: celebrating thirty years of service while planting seeds for the next decade of change.

Through more than 350 teacher trainings, partnerships with 30 schools, and multiple provincial dialogues, Aahung's message remained clear: knowledge builds confidence, and confidence creates change.

Educating for Change

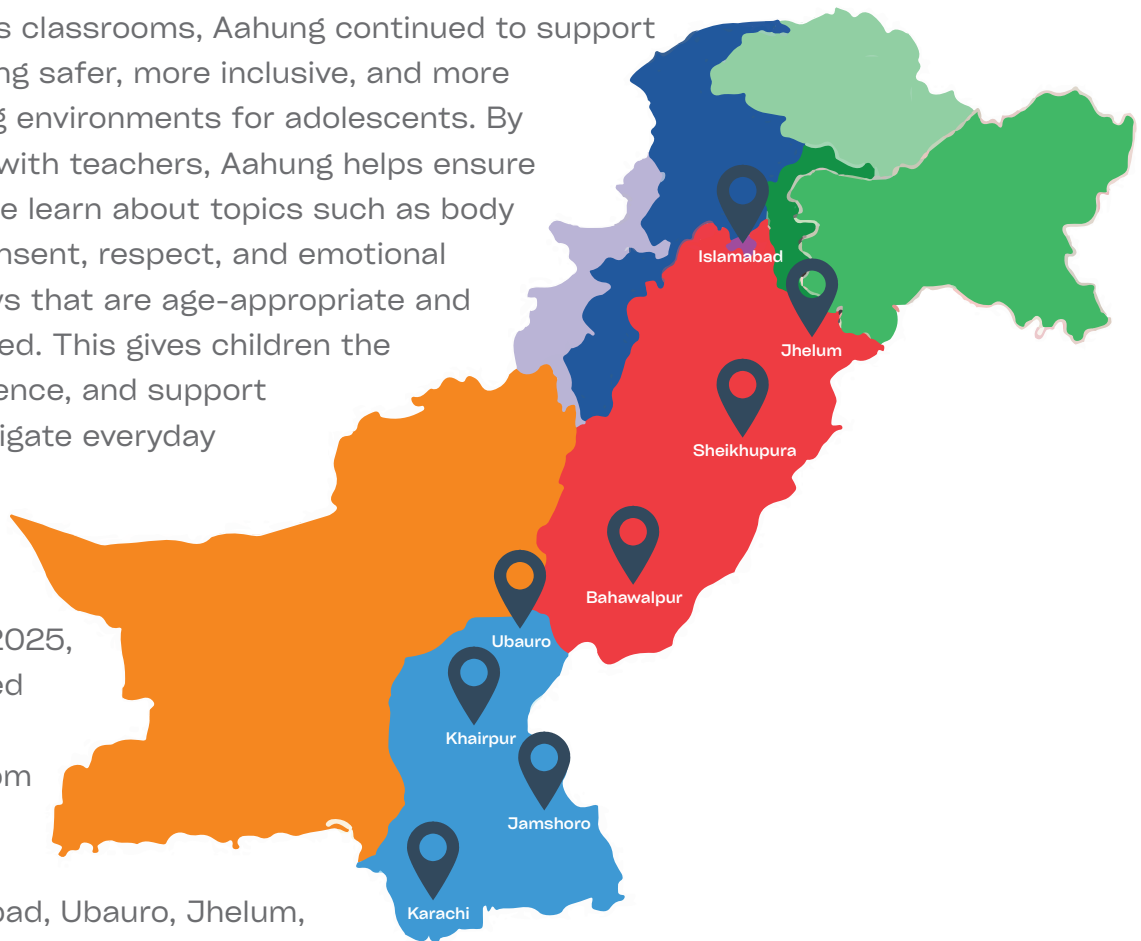
Students joyfully participating in a play based activity during school



Life Skills in Every Classroom

Across Pakistan's classrooms, Aahung continued to support schools in creating safer, more inclusive, and more engaging learning environments for adolescents. By working directly with teachers, Aahung helps ensure that young people learn about topics such as body development, consent, respect, and emotional well-being in ways that are age-appropriate and culturally grounded. This gives children the language, confidence, and support they need to navigate everyday challenges.

Between September 2024 and June 2025, Aahung supported more than 350 teachers from Karachi, Bahawalpur, Khairpur, Islamabad, Ubauro, Jhelum, Sheikhupura, and Jamshoro.



These teachers now feel better prepared to respond to students' questions, address sensitive issues safely, and build classrooms where every child feels seen and respected. To sustain impact across the province, Aahung also worked with local education leaders in Sindh such as those leading teacher-training facilities, so that LSBE can be embedded within the public school system. This investment means that thousands of students will continue to benefit from improved teaching approaches in the years ahead.

As a result, children are becoming more confident in speaking about their concerns, seeking support when they feel unsafe, showing empathy toward peers, and making informed, healthy choices. Aahung's model – rooted in Pakistan's culture and communities – continues to demonstrate how education systems can meaningfully strengthen young people's wellbeing and life opportunities.

Communities in Action

A Youth Champion conducting a training in interior Sindh, continuing to foster dialogue, awareness and collective action for improved health and wellbeing



Young Leaders

Creating Better Futures

Young people across Pakistan continue to grow into confident leaders, advocates, and educators within their own communities. With the right support and knowledge, they began to speak openly about health, safety, and gender equality – breaking silences. Many who once felt shy or unsure of themselves now report feeling confident engaging with parents, elders, teachers, and peers, helping others access information, seek support, and challenge harmful norms. Their growing leadership demonstrates how investing in young people creates lasting change for entire communities.

Through the Youth Empowerment on SRHR (YES!) Project, Youth Champions from Sindh and Punjab came together to strengthen their skills, share experiences, and build solidarity. These young leaders are now running awareness activities in underserved neighborhoods, vocational centers, and schools – sometimes travelling long distances so others do not remain uninformed. Many community leaders reflected that young people are now speaking more confidently about topics that were once considered difficult or sensitive. This has helped open up conversations within families, schools, and neighbourhoods — creating safer and more supportive spaces for adolescents.

When I first started, I was shy and nervous to talk about these issues. Now I can confidently engage with parents, community elders, and young people in my community. I feel like I am making a real difference.

A participant from Jamshoro

In addition, Aahung's online learning program is now being used in 10 institutions, where nearly 950 students have completed the course. Young people report feeling better informed about their health and rights, and more prepared to seek help or support when they need it.

I often had to walk long distances to reach communities and raise awareness on these topics. On one occasion, my slipper broke due to the poor infrastructure in the area, but I kept going because the work I do is important, and sharing information on SRHR is a vital need in these underserved localities.

Youth champion from Khairpur

Aahung also supported community-based organizations in Dadu, Peshawar, and Swat to design locally driven advocacy plans addressing early and forced marriage, gender-based violence, and gender inequality. These partnerships turned community voices into organized action, helping local leaders speak out and collaborate for safer, more supportive environments.

In the past year, Aahung revived the Youth Sexuality Institute (YSI), a five-day residential learning space for young adults from across Pakistan. Through storytelling, creativity, and reflection, participants explored consent, identity, relationships, and reproductive health in a respectful and affirming setting. Many left feeling more self-aware, confident, and grounded in their rights – and more motivated to support others in their communities.

Participants left not only more aware but more confident.

I came here hesitant, but I leave knowing my body, my rights, and my voice matter.

A young woman participant

Across these initiatives, one truth continues to stand out: when young people are trusted, informed, and supported, they become some of the strongest champions for wellbeing, dignity, and equity.

Partnerships and Policy



(Click on the picture to view the video)

Adnan Malik speaking on redefining masculinity:
Boys can cry and they should feel.

Building Systems that Sustain Change

Over time, Aahung has translated donor investments into lasting systems by strengthening bridges between classrooms, communities, and government institutions. Through these collaborations, Aahung continues to ensure that the benefits of LSBE and SRHR information extend beyond individual classrooms and become embedded within public education systems.

A key focus this year was supporting the government of Sindh – one of Pakistan’s four provinces – to prioritise LSBE within its education agenda. Ongoing collaboration with the School Education and Literacy Department and the Provincial Institute of Teacher Education helped build shared understanding of how LSBE supports girls’ access to education, student protection, and teacher wellbeing.

Workshops and policy dialogues across Hyderabad, Karachi, and Peshawar brought together teachers, policymakers, and civil society to discuss practical solutions to issues such as girls’ dropout, child marriage, gender-based violence, and digital learning gaps. These conversations helped move the focus from whether LSBE should be part of schooling to how it can be delivered safely and meaningfully – particularly for girls in underserved areas.

Aahung also renewed collaboration in Balochistan – Pakistan’s geographically largest but least resourced province – to explore how LSBE can be re-introduced following pandemic disruptions. This cooperation is helping different regions learn from one another and develop more consistent, child-centred approaches within public schools.

To inform this systems work, Aahung’s Research, Learning, and Evaluation team conducted Pakistan’s first national study on opposition to LSBE. The study found that hesitation often stems from everyday social norms and uncertainty, rather than organized resistance. These insights are helping Aahung and its partners engage parents, teachers, and school leaders more constructively – focusing on those who feel unsure but are open to dialogue.

Together, these efforts are strengthening the foundations for sustainable change: governments, educators, and communities working side-by-side so that every child in Pakistan can learn in an environment that protects their dignity, safety, and rights.

Milestones and Moments

An empowering ride:

Cyclists unite to reclaim the streets and
assert their right to public spaces



Stories of Celebration & Change

Aahung's 30th anniversary wasn't just a celebration; it was a recommitment to its purpose. At the Open House in Karachi, alumni, partners, and friends walked through three decades of photographs, stories, and shared triumphs. A vision-board invited everyone to imagine Aahung's next ten years to be filled with stronger voices and wider reach.

The year also brought powerful campaigns that redefined public spaces and taboos. At the Karachi Wellness Festival, Aahung's

Bracelets for Change session turned menstrual awareness into art and dialogue. At the Bikeathon 2025, over 200 cyclists rode together to claim safety and visibility for women in public spaces, proving that courage is contagious.

Each of these moments whether in a classroom, on a bike, or around a memory wall echoed the same belief: when people talk openly, learn freely, and act collectively, change is unstoppable.

**Thirty years ago, Aahung began by
breaking the silence.
Today, we continue by building a future
where every young person can speak for
their rights and shape their own story.**



Audit Report

**AAHUNG
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
JUNE 30, 2025**

ASSURANCE DEPARTMENT

**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF AAHUNG
Report on the Audit of the Financial Statements****Opinion**

We have audited the annexed financial statements of AAHUNG (the Organization), which comprise the statement of Financial Position as at June 30, 2025, and the statement of Income and Expenditure, the statement of Comprehensive Income, the statement of Changes in Accumulated Funds, the statement of Cash Flows for the year then ended, and notes to the financial statements, including material accounting policy information and other explanatory information, and we state that we have obtained all the information and explanations which, to the best of our knowledge and belief, were necessary for the purposes of the audit.

In our opinion and to the best of our information and according to the explanations given to us, the statement of financial position, the statement of Income and Expenditure, the statement of Comprehensive Income, the statement of Changes in Accumulated Funds, the statement of Cash Flows together with the notes forming part thereof conform with the accounting and reporting standards as applicable in Pakistan and give the information required by the Companies Act, 2017 (XIX of 2017), in the manner so required and respectively give a true and fair view of the state of the NGO's affairs as at June 30, 2025 and of the statement of Income and Expenditure, the statement of Comprehensive Income, the statement of Changes in Accumulated Funds, the statement of Cash Flows for the year then ended.

Basis for Opinion

We conducted our audit in accordance with International Standards on Auditing (ISAs) as applicable in Pakistan. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the NGO in accordance with the International Ethics Standards Board for Accountants' Code of Ethics for Professional Accountants as adopted by the Institute of Chartered Accountants of Pakistan (the Code) and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Matter Paragraph

The Financial Statement of the NGO for the Period ended June 30, 2024, was audited by other auditors who expressed an unmodified opinion on those statements.

Information Other than the Financial Statements and Auditor's Report Thereon

Management is responsible for the other information. The other information comprises the information included in the annual report, but does not include the financial statements and our auditor's reports thereon. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

**THE POWER OF BEING UNDERSTOOD
INSURANCE | TAX | CONSULTING**

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report on in this regard.

Responsibilities of Management and Board of Directors for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with the accounting and reporting standards as applicable in Pakistan and the requirements of the Companies Act, 2017 (XIX of 2017) and for such internal control as management determines is necessary to enable the preparation of the financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the NGO's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the NGO or to cease operations, or has no realistic alternative but to do so.

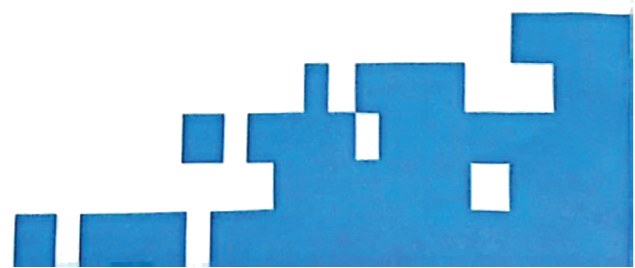
The Board of directors is responsible for overseeing the NGO's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs as applicable in Pakistan will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs as applicable in Pakistan, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the NGO's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.



- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the NGO's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the NGO to cease to continue as a going concern.
- Evaluate the overall presentation, structure, and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the board of directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Report on Other Legal and Regulatory Requirements

Based on our audit, we further report that in our opinion:

- a) Proper books of account have been kept by the NGO as required by the Companies Act, 2017 (XIX of 2017).
- b) The statement of financial position, the statement of Income and Expenditure, the statement of Comprehensive Income, the statement of Changes in Accumulated Funds, the statement of Cash Flows together with the notes thereon have been drawn up in conformity with the Companies Act, 2017 (XIX of 2017) and are in agreement with the books of account and returns.
- c) Investments made, expenditure incurred and guarantees extended during the year were for the purpose of the NGO's business; and
- d) Zakat deductible at source under the Zakat and Ushr Ordinance, 1980 (XVIII of 1980), was deducted by the NGO and deposited in the Central Zakat Fund established under section 7 of that Ordinance.

The engagement partner on the audit resulting in this independent auditor's report is Adnan Zaman.


Chartered Accountants
Karachi
Dated: January 20, 2026
UDIN: AR202510242bqOeGcmI2



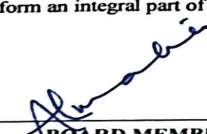
AAHUNG
STATEMENT OF FINANCIAL POSITION
BALANCE SHEET AS AT 30 JUNE 2025

		2024-2025			2023-2024		
Note		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
ASSETS							
Non-Current Assets							
	4	1,859,294	6,169,900	8,029,194	1,920,504	2,819,246	4,739,750
		-	-	-	40	-	40
		-	-	-	-	-	-
		105,600	-	105,600	75,100	-	75,100
		1,964,894	6,169,900	8,134,794	1,995,644	2,819,246	4,814,890
Current Assets							
	8	3,809,424	229,898	4,039,323	6,407,951	231,271	6,639,222
	9	17,568,254	-	17,568,254	13,858,690	-	13,858,690
		500,000	-	500,000	500,000	-	500,000
	10	6,881,734	55,744,257	62,625,991	7,416,218	49,873,219	57,289,437
	11	82,782,677	14,951,354	97,734,031	68,131,108	10,083,318	78,214,426
Total Current Assets		111,542,090	70,925,509	182,467,599	96,313,967	60,187,808	156,501,775
Total Assets		113,506,984	77,095,409	190,602,393	98,309,611	63,007,054	161,316,665
LIABILITIES							
Non Current Liabilities							
	12	-	6,169,900	6,169,900	-	2,819,246	2,819,246
	13	18,275,322	-	18,275,322	13,673,474	-	13,673,474
		18,275,322	6,169,900	24,445,222	13,673,474	2,819,246	16,492,720
Current Liabilities							
	10	55,744,257	6,881,734	62,625,991	49,873,219	7,416,218	57,289,437
	14	1,511,390	-	1,511,390	1,012,811	26,772	1,039,583
		57,255,647	6,881,734	64,137,381	50,886,030	7,442,990	58,329,020
Total Liabilities		75,530,969	13,051,634	88,582,603	64,559,504	10,262,236	74,821,740
NET ASSETS		37,976,015	64,043,775	102,019,790	33,750,107	52,744,818	86,494,925
Represented By:							
	15	-	64,043,774	64,043,774	-	52,744,818	52,744,818
		37,976,016	-	37,976,016	33,750,107	-	33,750,107
		37,976,016	64,043,774	102,019,790	33,750,107	52,744,818	86,494,925

CONTINGENCIES AND COMMITMENTS

16

The annexed notes from 1 to 24 form an integral part of these financial statements.


 BOARD MEMBER


 BOARD MEMBER

AAHUNG
STATEMENT OF INCOME AND EXPENDITURE
FOR THE YEAR ENDED ON JUNE 30, 2025

	2024-2025			2023-2024		
Note	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
Income						
Restricted Funds Utilized	15.1	-	118,729,554	118,729,554	-	102,242,546
						102,242,546
Deferred Capital Grants Released	12	-	1,121,332	1,121,332	-	464,756
						-
Deferred Capital Grant on Assets Disposed		-	-	-	-	-
Other Income	17	22,296,650	9,575,958	31,872,608	6,859,800	28,953,642
		22,296,650	129,426,844	151,723,494	109,567,102	131,660,944
Total Income						
Expenses						
Operating Expenses	18	16,461,731	26,529,260	42,990,992	26,863,057	40,201,217
Program and Project Expenses	19	-	102,897,584	102,897,584	82,704,045	82,704,045
Total Expenses		16,461,731	129,426,844	145,888,576	109,567,102	122,905,262
Surplus / (Deficit) for the Year						
		5,834,919	-	8,755,682	-	8,755,682

new

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